

Make a Butterfly Garden!

Bee Kind to our
pollinator
friends and
help keep your
garden healthy!



What is a butterfly garden and why are they important?

- **Butterflies are very important creatures! More than 90 percent of plants require pollination to reproduce.**
- **Butterflies help pollinate by flying from flower to flower to drink delicious nectar. They pick up pollen from each flower on their sticky feet and bellies and then leave some at the next flower.**
- **A butterfly garden provides food for caterpillars and butterflies, as well as other pollinators such as bees and hummingbirds.**
- **With the bee population down, Long Island families can help promote a diverse and healthy environment by planting butterfly attracting flowers!**



How to Make Your Own Butterfly Garden

Materials Needed

Butterfly Attracting Flowers and Plants

Large, flat rock(s)

Water Source

One or more trees or shrubs

A garden trowel or shovel

Healthy soil and compost for the plants



1. **Select the site of your garden. It should have sun but also protection from the wind.**
2. **Add a few large, flat rocks that butterflies can bask on.**
3. **Butterflies prefer puddles. You can use a container like an old planter or birdbath, and fill it with water and sand or stones for the butterflies to perch on.**
4. **Add nectar plants like Phlox, Purple Coneflower, Aster, Verbena, Zinnia, Sedum and Mexican Sunflowers.**
5. **Add host or food plants for larvae like Dill, Fennel, Milkweed, Violets and Goldenrod.**

Plants to Use in Your Butterfly Garden

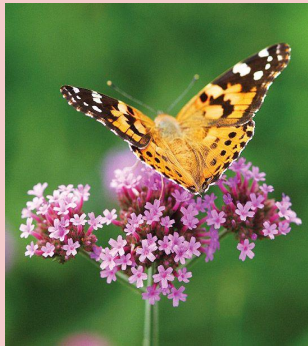
NECTAR PLANTS



Milkweed



Goldenrod



Verbena



Phlox



Zinnias



Aster

CATERPILLAR PLANTS



Golden Alexander



Bronze Fennel



Milkweed



Hollyhocks

To learn more about creating your own butterfly garden, please visit The North American Butterfly Assoc. www.naba.com for helpful tips!



Happy Gardening!

Please share your gardens with us on our Community Gallery.

Email photos to info@plantingfields.org

Or tag us on Facebook & Instagram with #loveplantingfields